

Words of Sri Amma on Strength and Courage

There is always a special place in my heart for those who are dedicated to the cause of liberation of humanity. Remember, your thoughts are known to you alone. Your words are known to you and the listener which nonetheless are forgotten with the passage of time. While the service you render alone shall stay for eternity. It will benefit all life.

The highest of states is the state of seva (*service*). The spirit of seva is inbuilt into every insight, realization, mystical experience, and mukthi (*liberation*). It is this spirit that drives you to share with the world what has been given to you.

The Divine is like the body and humans the cells. Whenever these cells turn cancerous the body desperately tries to heal itself. Body is infinitely more powerful than any individual cell. But the individual cell, too, has power which it acquires from the body. It uses this power to either cooperate or defy the body. So it is with man and God. Man, too being powerful, is defying the Divine.

It is not possible to transform the world without his cooperation. However, the present state of affairs cannot go on for long. Ultimately it is the will of the Divine that will come to pass.

Transforming the world is not just the responsibility of a few sages and seers. To create a better world is the responsibility of every one of you. In this struggle for survival, innocence, love, and values are being lost. It is you who have to uphold these values.

Do not consider yourself to be ordinary beings. Each one of you has the infinite powers of the Divine within you. You have the power to see God in the heart of every human being, and once you begin to see the Divine in every man you will be able to love every living being, every individual. Through you God's power would flow into the world.

Do not get habituated to lovelessness through your words, through your loving actions, and through your service. You could awaken every human being from his steeper of sufferings, self-created misery, and ignorance.

It is because of you the whole world could be awakened. Your taking up this responsibility is the beginning of the Golden Age.

There are thousands whose lives need to be affected by you. It is my will that this work shall happen through you. No matter how many may emerge, fulfill your part yourself.

When the time for transition arrives the Presence would engulf humanity like a tidal wave and alter its consciousness. Be not perturbed. Do what is expected of you. Share your wisdom and the power of Oneness Blessing with others. The rest will be taken care.

Get going with your work and help your fellow humans. All things will fall into place. No matter what your thoughts are, I will liberate you.

The nature of mind is to find fault with others, judge, blame, and label others due to preconditioned perception. If the perception is negative then the mind keeps on commenting, 'He is bad, she nags, he does not understand me, she is too suspicious, they do not love me, I have no respect in the family, everybody uses me', and so on.

Everything would be colored, hence you would continue to blame others and hence we develop dislike. Dislike slowly turns into hatred which spoils relationship. Because of this broken relationship, however good the others are we are not able to 'see' the truth.

Mind generates logic due to fear but heart emanates truth. Fear is manifesting as hatred, jealousy, anger, and violence in families and society. Stress comes not because of physical work but from negative approach. We can see truth only when we love others. Logic destroys love. It is not possible to love after you have judged. Hence we suffer.

Unless we learn the art of 'seeing' with inner integrity, we will not be able to see the truth and discover love. If we can love only then we can forgive and seek forgiveness. One should develop extreme patience to maintain love and peace in the relationship.

God's grace flows naturally to those whose relations are set right, particularly with the parents.

Awaken to your destiny. That is what you are here for.

It is the nature of creation to hold future a mystery. However, what you should do in your future is up to you to decide. Surrender does not imply laziness. You have the power and the ability to make your choices.

Make use of all the opportunities that come your way. I will help you reach your desired goal.

For a glorious future to be, desire must flower into passion and manifest as action. Your attention must be focused on your goal. Giving up to the Divine does not mean non-action. This is karma bhoomi, the plane of action. Hence effort in the external world is inevitable.

My grace will go along with you in your efforts.

Whatever be your nature since you have asked me, you will have an experience of my power. Go home and chant the Moola Mantra. You will see my grace for yourself.

Security is possible only when it is shifted to God.

Faith or no faith, I am in you and with you at all times.

"How long?" is the wrong question. Pray until grace floods.